Editor’s Note

Welcome to Spring 2013!

Welcome to SDSU and the start of Spring 2013! CHHS has many exciting activities planned through student council and clubs. Read on…

“The only way to keep your health is to eat what you don’t want, drink what you don’t like, and do what you’d rather not.”
— Mark Twain

Spring 2013 Calendar

Jan. 17 — First day of classes
Jan. 31 — Last day to drop classes (11:59pm deadline)
Jan. 16 — Last day to officially withdraw for spring semester and receive full refund
Feb. 4 — Last day to add classes, or change grading basis (11:59pm deadline)
Feb. 4 — Last day to file application for bachelor’s degree for May and August 2012 graduation
Spring recess— 4/1-4/5/13
May 9-16 — Final exams
May 17, 11am — CHHS Commencement (Cox Arena)

CHHS Council and Club Highlights!

The CHHS council & student organizations were busy in fall 2012. Some of the many accomplishments include:

- Volunteered at San Diego Food Bank (CHHS council and collaborative with other councils – 10/18; 11/15; 12/5, & 12/20).
- Embrace - H3: Healing Our Heroes' Homes. Embrace’s H3 program utilized School of Social Work students and recent graduates to restore the homes of low income, disabled veteran homeowners.
- Exercise for Vets – council assisted with exercise-oriented event on 10/20
- Wheelchair rugby clean up (weekend of 11/9-11)
- SDSU Campus clean up - Nov. 3 2012 Council students picked up 15 lbs. of trash, 9 lbs. of recyclables, and nearly 1,000 cigarette butts.
- Participated in a number of walks (Breast Cancer, AIDS, Suicide Awareness; Light the Night).

Spring 2013 meeting time:
First Meeting: Monday 2/4/13
3:30 p.m.- 4:30 p.m.
In Aztec Mesa Room 105

If you have any questions, feel free to email Council President, Erin Vierra at: erin.vierra@gmail.com

Explore SDSU 2013 – Workshops, Tabling, Tours and More!

Every March, Aztecs celebrate SDSU Month here on campus. Join us on March 23, 2013 from 9:00 AM - 2:00 PM for Explore SDSU, when alumni, faculty, staff, students, and the greater San Diego community will celebrate all things SDSU. There will be live music, entertainment, and fun for the whole family.

Each college will have its own village and the CHHS Health Village's theme this year is "Think Globally, Act Locally." CHHS student organizations, staff, faculty, and advisors will be staffing tables and helping to educate guests on the programs, clubs, events, philanthropic efforts, and volunteer opportunities that the CHHS has to offer.

A $100 prize will go to the student organization with the best decorated table. Advisors will also be offering information sessions for prospective students and their families about the academic programs in the CHHS. Additionally, the Nursing Simulation Center as well as the Speech, Language, and Hearing Sciences Audiology and Speech-Language clinics will be offering tours of their facilities to the public throughout the day.

Special thanks to student volunteers who assist with workshops, tabling and tours!

We hope you can join us for the exciting event!
Need Help With School Expenses?

The CHHS offers over 60 scholarships to students in many different disciplines: [http://starter.sdsu.edu/fao/](http://starter.sdsu.edu/fao/)

NOTE: THE NEXT SCHOLARSHIP APPLICATION DEADLINE IS Fri., February 8th, 2013, 4PM

Also, be sure to contact the department of your major. There are some opportunities through individual departments that may not be listed on the website above.

Applied International HHS — New Sections Added for Spring 2013!!!

With the successful implementation of the new Undergraduate International Experience requirement in the College of Health and Human Services in Fall 2010, all incoming undergraduate transfer and first-time freshman students will be required to participate in an international experience program prior to graduation. The CHHS recognizes the importance of incorporating a study abroad experience into a student’s college curriculum, enriching one’s educational experience.

The College has added some new sections to HHS 350 this year. The new locations for Spring include Brazil, Germany, and Scotland.

Stay in Touch with your Advisors!

- **EXERCISE & NUTRITIONAL SCIENCES**
  Dr. Pat Patterson (ensugrad@mail.sdsu.edu, ENS 353)

- **NURSING**
  Jason Ramirez, MA (jramirez@mail.sdsu.edu, Hardy Tower 58)

- **PUBLIC HEALTH**
  Dr. Virginia Kreisworth, (vkreiswo@mail.sdsu.edu, Hardy Tower 119C)

- **SOCIAL WORK & GERONTOLOGY**
  Liz Marucheau, LCSW (emaruche@mail.sdsu.edu, Hepner Hall 118)

- **SPEECH, LANGUAGE & HEARING SCIENCES**
  Dr. Peter Torre (ptorre@mail.sdsu.edu, SLH 244)

Tip: Questions regarding SDSU requirements for graduation should be referred to the SDSU Academic Advising Center (SSW Room 1551).

Wednesday April 17, 2013 — "Health & Sciences Expo"

The Health and Sciences Expo will be an opportunity for students looking to enter a health or allied health career to explore all options, and learn what steps to take to best fulfill their goals. Professionals from fields ranging from public health to microbiology will have stations in which students can gain information on what types of experience is most helpful, level of education needed, and any special skills that may be needed to enter their field of choice. This will be a realistic and informative way to network with professionals. We also hope to have select professionals present a colloquium/panel presentation with some question and answer time. Event would run from about 11 am to 2 pm (details to follow). Event will be held in Scripps Cottage on Wed., 4/17/2013. Please save the date!