Health & Human Services in Madrid
Spring Break 2017

PROGRAM ITINERARY

Friday, March 24
Depart the U.S. for Madrid

Saturday, March 25
Arrive in Madrid
12 PM Airport pick-up at Adolfo Suarez Madrid-Barajas Airport (MAD)
Settle into homestays
ISA Orientation: 5 PM
Welcome Dinner: 7PM (2 different places)

Sunday, March 26
10:00 AM KM0 Tour Old Madrid and Guided tour of El Prado

Monday, March 27
Hospital Puerta del Sur: 10AM
- Visit Oncology and Psychiatry Units
- Guest lecture: Addictions and Food Disorders
- Guest lecture: Private vs Public Health in Spain

Tuesday, March 28
Down Madrid: 9.30am
- Guest lecture Down schools (including the role of a nurse)
- Tour of the school, visiting different rooms that focus on Physiotherapy and Psychomotricity
Cruz Roja: 1.00pm
- Health and Help department: women, family and childhood
- Center for Documentation and Coordination of Networks

Wednesday, March 29
ECOPLAR Aravaca 12:30 PM
- Elderly People Assistance Center
Flamenco Show + Dinner 7PM

Thursday, March 30
Green Horse Crossfit Center: 10AM
- Injuries and physical therapy guest lecture
- Nutrition for athletes guest lecture
- Optional training session*

Friday, March 31
9 AM Day trip to Toledo
Walking tour of Toledo
(Cathedral, Synagogue, San Juan de los Reyes, Santa Tome)
Saturday, April 1
Farewell Lunch – 1.00pm (2 different places)
Free afternoon

Sunday, April 2
7 AM Meet at Moncloa Metro stop
8AM Airport drop-off at Adolfo Suarez Madrid-Barajas Airport (MAD)
Depart Madrid and arrive to the U.S.

*If you would like to participate in this activity, please bring athletic wear and shoes.