Welcome

College of Health & Human Services

Dean’s Office and Student Affairs
College of Health & Human Services (CHHS)

CHHS is comprised of 5 Schools, including:

- School of Exercise & Nutritional Sciences
  - Athletic Training
  - Foods and Nutrition
  - Kinesiology (i.e., Exercise Science Generalist; Fitness Specialist, and Pre-Physical Therapy)
- School of Public Health
- School of Nursing
- School of Social Work
  - Social Work
  - Gerontology
- School of Speech, Language, & Hearing Sciences
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Website
http://chhs.sdsu.edu

“StudentLink” Newsletter
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Follow me on:
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Essentials for Student Success
Essentials for Student Success

- Get involved – learning does not only happen in the classroom (Student involvement opportunities in college council and college clubs and organizations).

- Connect with SDSU (faculty, staff and students) – there are opportunities for research experiences in concussions, diabetes, water pollution, and many opportunities to put programs and policies into practice.
Essentials for Student Success

- All CHHS majors have an impaction GPA for entry. Talk to your advisor about this.

- Keep your email address on WebPortal up to date and professional. Check your email!

- Keep up with your course work (reading and assignments) from the very beginning. Rule of thumb is to study two to three hours for every unit in class. Read and understand the course syllabus as it sets class expectations and standards, test dates, final, research papers, etc.
Essentials for Student Success

- Seek help when you need it (If you think you may have a learning disability it is important to register with the Student Disability Services prior to the start of classes.

- Get the balance right – work hard but also play hard; there are a lot of fun things to do in San Diego and the surrounding areas.

- Practice prevention – plan and manage your time.

At the end of the day, please remember that we are here to help you be successful!
CHHS Undergraduate International Experience

http://chhs.sdsu.edu/international/

Roxanne Riedel, MA
CHHS International Programs Coordinator
• Currently 32 programs at SDSU require study abroad

• CHHS is the first College at SDSU sending all undergraduates abroad!

• Many benefits to studying abroad including earning more money, boosting creative thinking and problem solving skills, increasing cross-cultural awareness and sensitivity
• Minimum of 2 weeks & MUST earn academic credit (some 9-day SDSU programs are approved)

• Choose from short-term, summer, semester or year-long programs:
  ✓ Study abroad
  ✓ Volunteer
  ✓ Internship
  ✓ Research

• Choose from hundreds of programs in over 50 countries!

• Complete GE or major coursework, or learn practical experience for your future field of work

• Consider HHS 350 – Applied International Health and Human Services .... As an option!!

• [HHS 350 alumni experience](#)
• Get your passport! New passport office next to the International Student Center! (Located on the west side of campus, north of Peterson Gym). Walk-ins Only, No Appointment Necessary. Hours: Tuesday – Saturday: 9:00 am – 3:00 pm

• Attend a Study Abroad Info Session at the ISC

• Attend the Fall 2017 Study Abroad Fair on campus: Date/Time TBD

• Research your options: chhs.sdsu.edu/international

It’s never too early to start planning! Remember.... You don’t have to study abroad... you GET to study abroad!
CHHS Academic Advisors

• Academic Advisors help students plan their path to graduation in a specific degree.

• What can family do? Encourage your student to develop a good relationship with this person.
Amalia Hernandez, MSW, PPSC

Social Work Undergraduate Advisor
Includes both Gerontology and Social Work
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Kelly Lane, MS

Exercise & Nutritional Sciences Undergraduate Advisor

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Brooke Wickman
Assistant Advisor

✔ ENS includes Athletic Training, Foods and Nutrition, and Kinesiology (i.e., Exercise Science Generalist; Fitness Specialist, and Pre-Physical Therapy)
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Jason Ramirez, MA

Nursing Undergraduate Advisor
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Pre-Professional Health Advising Office [PPHA]

The PPHA office serves pre-medical, pre-dental, pre-veterinary, pre-pharmacy, pre-podiatry, pre-optometry, pre-physician assistant, and allied health students. Majors in our college may have some of these interests. If so, please contact:

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Pre-Professional Health Advisor  
Phone: (619) 594-6638  
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http://www.sci.sdsu.edu/preprof/
Dr. Jessica Robinson, MSW
Assistant Dean for Student Affairs

- Phone: (619) 594-6151
- Email: jmrobinson@sdsu.edu
- Office Hours: By appointment – please stop by ED-154, email, or call