

External Advisory Committe

Dimitrios Alexiou, FACHE

President/CEO, Hospital Association of San Diego and Imperial Counties

Mr. Alexiou joined the Hospital Association in December 2014. As President/CEO of HASD&IC, Mr. Alexiou provides leadership, representation, advocacy, and acts as an advisory on behalf of over 35 hospitals and health systems in the 2-county region. Mr. Alexiou was previously the Regional Vice President for the Hospital Association of Southern California (HASC). He is also adjunct faculty at California State University, San Bernardino, teaching in the master's in health administration program. Mr. Alexiou has a Master's degree in Health Administration from California State University, Northridge and a Bachelor's degree in Biology from the University of Arizona.



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Timothy Collins, FACHE

Corporate Vice President of Operations and Research Scripps Health and Scripps Proton Therapy Center

Mr. Collins joined Scripps Health in November 2006 as the Chief Operations Executive for Scripps Memorial Hospital Encinitas, a 138-bed hospital, and later served as Chief Operations Executive for Scripps Green Hospital. In 2010, Mr. Collins assumed the role of Corporate Vice President of Operations, responsible for all system-wide support services for the organization's five hospitals and outpatient locations. He came to Scripps with more than 17 years of health care systems experience. Mr. Collins is a graduate of University of Southern California where he earned his Bachelor of Science degree in Business Administration and a Master's of Science degree in Health Care Administration. Collins is a Fellow of the American College of Health Care Executives, a licensed Emergency Medical Technician, and currently pursuing his doctoral degree in interdisciplinary and organizational leadership.



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Donald C. Fithian, MD

Physician in Charge, Department of Orthopedic Surgery and Podiatry Kaiser Permanente

Dr. Fithian has enjoyed a productive career spanning more than 25 years as a partner with Kaiser Permanente. With financial support from Kaiser Permanente and the Orthopaedic Research and Education Foundation, he completed several award-winning studies on athletic knee injuries. He helped design and build the Kaiser Permanente Joint Replacement Registry, which is now the largest implant registry in the United States. Most recently, Dr. Fithian transitioned to "Partner Emeritus" status with Kaiser Permanente, allowing him to split his clinical practice between Kaiser Permanente and Torrey Pines Orthopaedic Medical Group in La Jolla. He has served as visiting professor to numerous residency programs in the US and overseas. Dr. Fithian is fluent in French and Spanish and travels yearly to South America or the Caribbean to provide orthopedic services to indigent patients.



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Nicole Howard, MPH

Executive Vice President, Health Quality Partners of Southern California Chief Advancement Officer, Health Center Partners of Southern California

Mrs. Howard is part of the Health Center Partners of Southern California family since 2007; she previously served as Director of Programs and Fund Development and has been managing public health programs since 1991. Prior to joining Health Center Partners of Southern California, Mrs. Howard held posts in academia, medical research and primary care administration. She has been on faculty at University of Phoenix, San Diego, and San Diego State University, and Program Manager at Rady Children's Hospital, San Diego. She holds a master's in public health from San Diego State University, with an emphasis in health promotion. Fluent in Spanish, she earned a bachelor's in history & Chicano studies from the University of California, San Diego, and studied at the Universidad Nacional Autónoma de México.



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Leticia Ibarra, MPH

Director of Programs, Clínicas de Salud del Pueblo, Inc.

Mrs. Ibarra completed her academic training at Harvard University where she obtained her BA in Psychology (1995) and her MPH from University of California Los Angeles School of Public Health (1998). She has completed several peer-reviewed publications, received numerous service and academic honors, and has 14 years of professional experience in research, project management, working with clinicas and consulting in areas related to Latino and immigrant communities using community-based, collaborative health communication and promotora interventions for improving the health and well-being of the community.



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Nick Macchione, FACHE

Director and Deputy Chief Administrative Officer San Diego County Health and Human Services Agency

With 30 years' experience in the delivery, management and public policy of health and human services, Mr. Nick Macchione serves as San Diego County's Director of the Health and Human Services Agency. Under Macchione's leadership, the Agency has earned state and national recognition for its innovative, cost effective solutions in improving the health, safety and well-being for its one million clients. The Agency is one of the largest health and human services networks in the nation, supporting all of its 3.2 million residents residing in San Diego County. With a passionate focus on practical innovation for improving the quality of life of San Diegans, Mr. Macchione directs the delivery of health and social service safety net programs, including public health services; emergency medical services and disaster response; behavioral health services; Medicaid managed care and other safety net health insurance programs; nutrition assistance for the indigent; child welfare, adult protective services; family and community violence prevention, public housing and community development services, parenting and early childhood development programs, support services for active duty military, veterans and their families, as well as numerous other services. Mr. Macchione implements policy direction of an elected Board of Supervisors and also oversees the operations of the County's Psychiatric Hospital; Edgemoor Skilled Nursing Facility; Children's Emergency Shelter; and a residential high school academy for foster youth.



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Kathleen M. Merchant, PhD

Continuous Quality Improvement Coordinator, SDSURF WIC Program



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Shawne O'Connell, MSW

Program Manager, Center for Research and Health Promotion San Ysidro Health Center

As an experienced program planning and development professional, Mrs. O'Connell is dedicated to increasing the health equity of diverse communities through education, community building, and advocacy. She also has expertise in grant and proposal writing, contract monitoring, and public speaking.



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Athena Philis-Tsimikas, MD

Corporate Vice President, Scripps Whittier Diabetes Institute

Dr. Athena Philis-Tsimikas was named Corporate Vice President for the Scripps Whittier Diabetes Institute, La Jolla, CA in May of 2008. Prior to that time, she led the institute and subsidiary corporation, The Whittier Institute for Diabetes, as the Executive Director and Chief Medical Officer since 2004. Dr. Philis-Tsimikas served as a clinical endocrinologist on the staff of the Scripps Clinic Medical Group for 7 years in the Division of Diabetes and Endocrinology from 1994 to 2001. She has also served as an Associate Clinical Professor at the University of California, San Diego for the past 14 years in the Division of Endocrinology/Diabetes and Metabolism. In 1997, she assisted in establishing the community wide, nationally recognized diabetes program, Project Dulce as its medical director. She subsequently joined The Whittier Institute full time in 2001 as its chief medical director and Executive Vice President of Clinical Programs.



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Christian B. Ramers, MD, MPH

Assistant Medical Director of Research/Special Populations Family Health Centers of San Diego

Dr. Christian Ramers serves as the Assistant Medical Director for Research & Special Populations at Family Health Centers of San Diego. He earned his medical degree from the University of California, San Diego in 2003 and completed his internship and residency at Duke University Medical Center in internal medicine/pediatrics. While attending medical school at UCSD he was honored with the "Dean of Students" award in 2001. He completed a fellowship specializing in adult infectious diseases at the University of Washington. He received a graduate degree in public health from the University of Washington School of Public Health and has worked with ministries of health in several African countries to develop HIV-related educational programs. Dr. Ramers is currently leading several clinical and educational programs supporting HIV and hepatitis C treatment. He is board-certified in internal medicine, infectious diseases and pediatrics, and is fluent in Spanish and Portuguese. Dr. Ramers has been part of Family Health Centers of San Diego since 2012.



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Nanette Stamm, MPH

Chief Health Promotion Officer, Vista Community Clinic (VCC)

Mrs. Stamm joined the VCC team in 2004, then took a brief leave of absence in 2008 to work in Bolivia, using her fluency in Spanish to oversee five comprehensive health ministries in Cochabamba. She's also worked as a Comprehensive Perinatal Health Worker in addition to completing research at the Center for Children's Environmental Health Research at UC Berkley, where she completed her Master's in Public Health with an emphasis on Maternal and Child Health.



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Steven Steinhubl, MD

Director, Scripps Translational Science Institute

Dr. Steven Steinhubl is a board certified cardiologist specializing in cardiac preventive medicine and the utilization of digital technology to improve all aspects of patient care. As director of digital medicine for Scripps Translational Science Institute (STSI), Dr. Steinhubl researches the application of an integrated systems-based approach to optimal identification, communication and treatment of patient's risk for a variety of cardiovascular diseases. He has been principal investigator on more than a dozen large-scale, international trials and authored nearly 200 peer-reviewed manuscripts, book chapters and abstracts.



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Patrick Tellez, MD, MPH, MSHA

Chief Medical Officer, North County Health Services

Dr. Tellez currently serves as Chief Medical Officer of North County Health Services headquartered in San Marcos, California. His professional experience encompasses medical practice, medical management and executive leadership experience within payer and provider owned commercial and Medicaid/Medicare health plans, private multispecialty medical group practice under both capitated and/or FFS environments and, most recently, medical leadership of a multi-center community health center practices. Dr. Tellez is a graduate of the University of Minnesota School of Medicine; is Board certified, American Board of Pediatrics and the American Board of Immunology & Allergy. He holds a Master's in Public Health from UCLA and Master of Science in Health Administration from University of Colorado Graduate School of Business. He is a member of the American Medical Association, California Medical Association and of the Board of Directors, San Diego County Medical Society.



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Kristina L. Greenwood, PhD

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