WINTER BREAK MEDICAL CAMPAIGN

Learn more: https://chhs.sdsu.edu/international/
MEDICAL CAMPAIGN

WHAT VOLUNTEER WORK WILL YOU BE TAKING PART IN?

As a volunteer supporting a Medical Campaign, you will be at the frontline of providing better health and wellbeing outcomes within the communities abroad while being immersed in an incredible community and culture!

Each day, you will travel as a group to a different community, where you will work alongside local healthcare professionals.

A 2-week Medical Campaign involves 4 hours of volunteer work per day and you will be visiting up to 5 communities each week.

SNEAK PEEK!

Take a look at this video for an insight into medical volunteering abroad with IVHQ

Watch here: https://bit.ly/2G0cJAg

YOUR TASKS:

- Assisting in treating and advising patients
- Providing basic check-ups and treatment to members of the community
- Distributing vitamins and other medication
- Delivering health education information appropriate to both children and adults

2-week IVHQ Medical Campaigns, in conjunction with 1 or 3-units of CHHS credit, will fulfill the CHHS International Experience Graduation Requirement

WHAT TO BRING:

Group members are asked to bring the following:

- White coat
- Scrubs
- Disposable rubber (or latex) gloves
- Antibacterial soap or sanitizer
- Donations you may like to distribute
PROGRAMS

WHERE CAN YOU SUPPORT A MEDICAL CAMPAIGN THIS WINTER?

**COSTA RICA**

This country offers some great adventure activities and incredible natural beauty with National Parks, tropical beaches and a wide range of flora and fauna to be found.

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<th>PRICE</th>
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<tbody>
<tr>
<td>SDSU Medical Campaign Program from: US $1586</td>
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<tr>
<td>+ Travel add-on: Irazu Volcano Tour   Jaco Beach Tour</td>
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*Ask your IVHQ representative for support to book tours

Learn more:
volunteerhq.org/volunteer-in-costa-rica/

**PERU – CUSCO**

Peru is an incredible destination with a rich heritage and plenty to discover. No trip here is complete without adding a trip to the iconic Machu Picchu!

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<tr>
<td>SDSU Medical Campaign Program from: US $1406</td>
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<tr>
<td>+ Travel add-on: Machu Picchu Tour Rainbow Mountain</td>
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*Ask your IVHQ representative for support to book tours

Learn more:
volunteerhq.org/volunteer-in-peru-cusco/
BUDGET

We pride ourselves on striving to offer the most affordable volunteer fees, while maintaining high quality programs which offer the best value for money.

Once you have applied for the program, the IVHQ Groups team will provide you with updated pricing based on your group size.

WHAT IT COVERS:

- IVHQ Registration Fee
- Medical Campaign placement
- Dedicated support from the IVHQ Groups Team
- Comprehensive pre-departure program guide
- 24/7 on-the-ground support from your local team
- Orientation, city tour and safety briefing
- Accommodation
- Breakfast and dinner
- Private transportation to placement each day
- Airport pick-up and drop-off
- Translators at placement

OTHER COSTS TO CONSIDER:
- Visa, flights, SDSU tuition, SDSU mandatory international insurance, vaccinations, criminal background check, souvenirs, in-country trips or tours, and extra meals.

*Cost is subject to change based on final group size. Registration fee of US$299 and program fee to be paid separately and attract a 5% transaction fee.
NEXT STEPS

Registering early is smart to ensure you don’t miss out on a place on these life-changing trips. Programs will reach capacity. Contact Roxanne today to express your interest.

CONTACT:
College of Health and Human Services
San Diego State University
chhsintl@sdsu.edu

Fill out CHHS Inquiry List by: 11th September, 2019
Registration fee due by: 1st October, 2019

Learn more:
https://chhs.sdsu.edu/international/

In 2018, SDSU student feedback highlighted:

86% of students rated IVHQ's overall service and support before their program started as greater than 8/10, with 51% ranking IVHQ’s service and support as 10/10.

95% felt they grew and developed as a person as a result of the experience.

92% of students would volunteer with IVHQ again.

85% of students rated the local team’s in-country service as greater than 8/10, with 60% of students rating the overall in country service and support as 10/10.

80% of volunteers rated the long term worthwhile impact within the local community as 8/10 and above.