On Oct. 30, 2000, United States Secretary of Health and Human Services Donna Shalala, then California State Assemblywoman Susan Davis, and California State Senator Dede Alpert visited the SDSU campus. Secretary Shalala, Assemblywoman Davis, and Senator Alpert visited with CHHS Dean Dolores Wozniak and School of Nursing Director Patt Wahl, toured the School of Nursing and spoke with students about healthcare initiatives, before holding a press conference in the Hepner Hall quad.

The focus of the press conference was the importance of health-related issues to our communities and the need for students to participate in the election.

“I was extremely pleased that Secretary Shalala’s staff selected the College of Health and Human Services at San Diego State University for her visit to support local candidates for election. She has been the driving force for health care reform in the nation,” said Dolores A. Wozniak, Dean, College of Health and Human Services

Secretary Shalala discussed the improvements in healthcare policy that have been made in recent years and highlighted the attention healthcare and healthcare initiatives have received during the election. This focus allows all of us to be a part of the National discussion on healthcare delivery and encourages bi-partisan solutions.

“We were honored to have Secretary Shalala tour the School of Nursing,” said Patricia Wahl, Director, School of Nursing. “Their visit provided an excellent opportunity for us to discuss both the role that we are playing in addressing the nursing shortage and the important next steps that must be taken to find a long-term solution to this problem.”

Having these three healthcare advocates on campus was an excellent opportunity for our students. They were exposed to the legislative side of health and human services. In addition, our students heard more about the importance of civic responsibility, not only by voting, but by working with professional organizations and legislators to affect positive change for health and human services patients and providers.
Message From The Dean

Most of my messages to the alumni, faculty, staff and students of the College have been easy to write, until now. When I watch news reports and read various publications, I am made more aware of the dire circumstances under which large portions of our population struggle. Persistent problems, such as drug abuse among youth, homelessness, limited access to healthcare, poverty, family violence, are all within our purview to ameliorate and change from both the micro and macro levels.

Our alumni have been educated to address these issues at all levels. In view of the numerous professional and community task forces, oversight committees, fact-finding activities, advisory boards, the question remains, “Why has nothing changed?” There have been untold millions of dollars allocated to address these problems, but little has changed and problems continue to grow exponentially, even in a period of burgeoning economic gains. What have been the outcomes of project funds at the level of the people for whom the funds were intended to affect?

Outcomes assessments are essential for determining our progress; and, to ensure we are responsible stewards of the public’s money. The challenge for us, in this New Year, is to develop a “culture of evidence” in our organizations that places emphasis on effectiveness and performance indicators beyond inputs and resources. This leads to accountability and guides our actions and decisions in all human service delivery systems, policies and activities. This also allows us to make data-driven, rational management decisions which take into account organizational complexity and diversity rather than managing by anecdote and exception. In this way we can begin to make a real difference in the lives of the people we serve.

Alumni Wanted For Strategic Planning Process

The College of Health & Human Services is looking for alumni to participate in strategic planning focus groups to take place in late February or early March. Five focus groups will be held, one for each of the five disciplines (Communicative Disorders, Gerontology, Public Health, Nursing and Social Work).

College Administrators held a weeklong retreat in January to tackle many of the strategic planning issues. Community and Alumni feedback are vital for developing meaningful plans. Alumni input will assist the College in making long-term academic strategic decisions, especially in the areas of identifying and defining community needs and ensuring curricula. If you would be interesting in participating, please contact the CHHS Dean’s office at 619-594-6898 or via e-mail at chhs@mail.sdsu.edu.

Nurses Now Partnership Enters Its Second Semester

The School of Nursing’s Nurses Now program is now in its second semester of implementation. The program is a joint venture with the community to produce additional nurses to assist in the nursing shortage. To date, six hospitals are participating (Alvarado Hospital Medical Center, Children’s Hospital and Health Center, Kaiser Permanente, Sharp Healthcare, Scripps Health, and UCSD Medical Center) by underwriting a faculty member over a three-year time frame. Each faculty addition allows the School to admit an additional 20 students. Conversations continue with other local agencies, and the School is optimistic that the program will continue to grow. Local television stations 10 (ABC), 6 (Fox) and 9 (KUSI), as well as the North County Times and The San Diego Union Tribune have all covered the Nurses Now program.

Fall 2000 welcomed our first expanded class; 90 students! Classroom space was tight, but the increased enthusiasm and energy in the hallways has been contagious. Heavy recruitment efforts for the Spring 2001 class yielded 136 qualified applicants, and the new class of 90 is our most diverse to date. The School of Nursing is seeking additional applicants for our Fall 2001 class. Applications are due in November for the University fall classes; August for the following spring. School of Nursing applications are due in March for the following fall and October for the following spring.

To assist the expanded School of Nursing, the School recently received a Federal Grant of $276,000 in Scholarship aid for Disadvantaged Students (more than $100,000 in additional aid from 1999). This aid will assist needy students and ensure that students who need (Continued on Page 4)
College Of Health And Human Services
Monty Award Winners

Each year the SDSU community presents Monty Awards to an alumnus and faculty member from each college. Recipients of this distinguished honor are chosen for their extraordinary contributions to the University and to the community. This year the SDSU College of Health and Human Services is proud to present Monty Awards to Vincent Gracco, Department of Communicative Disorders Class of 1976 (B.A.) and 1978 (M.A.), and Winnie O. Willis, Professor of Public Health.

Vincent L. Gracco, Ph.D.

Dr. Vincent L. Gracco has been selected to receive the CHHS Distinguished Alumnus award because of the breadth, strength, and international stature in his academic and professional achievements. Dr. Gracco has recently accepted a position as an Associate Professor in the School of Communication Sciences & Disorders at McGill University. Prior to this appointment, he had spent much of his professional life as a Senior Researcher and Vice President for Research at Haskins Laboratory, the world’s preeminent speech science research group.

After receiving his B.A. and M.A. from SDSU, Dr. Gracco earned his Ph.D. from the University of Wisconsin with an emphasis in speech motor control and neurophysiology. In addition to his work at Haskins Laboratory and McGill University, Dr. Gracco has served as an Adjunct Professor for both the Yale University School of Medicine (Department of Surgery) and the City University of New York (Ph.D. program in Speech and Hearing Sciences).

Dr. Gracco is internationally recognized for his contributions to speech science, motor speech control, and the neural underpinning of speech. He has published more than 60 articles in scientific journals and several book chapters. Dr. Gracco has received eight national grants from the National Institutes of Health and has served as an editorial consultant for several professional journals. In addition, he is active within the American Speech-Language and Hearing Association.

Dr. Gracco is very active in professional organizations and is a highly respected expert in speech science. His work is internationally recognized, and he is considered one of the top-five speech scientists in the world.

Winnie Odessa Willis, Sc.D., R.N.

Dr. Willis is an outstanding faculty member in every way. She is an exemplary teacher who is sought out by students for her expertise, her high standards and her willingness to share her knowledge. She is a nationally recognized researcher who has obtained nearly $33 million in grants and contracts over the last four years. Dr. Willis has established a research program that reflects her abiding passion about improving public health practices and which focuses on improving the health conditions of children and families. Through her research and publications, she has addressed such vital areas as maternal pesticide exposure and pregnancy outcome, cancer detection, quality assurance and many others.

Community-based programs such as the WIC (Women, Infants, Children) nutritional program, the Black Infant Health program, and childhood immunization have all benefited from her direct involvement.

In her capacity as an educator and researcher, she believes that the best way for students to learn to apply public health principles is through applied research. Dr. Willis encourages her students to actively engage in research projects. As a result, she has included 10 students in various capacities in her research efforts in the last year alone.

Dr. Willis’ expertise is widely recognized. She has been elected to the American Public Health Association Governing Council, and she serves on the editorial and advisory boards for several highly respected professional journals. In addition, Dr. Willis has received invitations to present testimony on African-American infant mortality before the National Advisory Council on Social Security and before the Task Force on Human Resources of the committee on the budget, House of Representatives.

Dr. Willis is a dedicated professional, who believes deeply in the principles of public health and is passionate about her role as an educator. The SDSU College of Health and Human Services is fortunate to have a faculty member who is so generous with her time, expertise and wisdom.

Please join us in honoring Drs. Gracco and Willis. The Monty Awards will be presented on April 27, 2001. The Montys is a gala event for alumni and the University Community to come together for a night of recognition and celebration. The awards celebration will take place in downtown San Diego at the San Diego Marriott Hotel and Marina. To attend this year’s Monty Awards celebration, contact the SDSU Alumni Association at 619-594-ALUM (2586) for event and ticket information.
Kathleen Kopels
Celebration Scholarship

Kathleen (Kathy) Kopels was a dedicated and tireless Social Worker. Committed to the profession, and a lifelong advocate for the rights of all people, especially women, Kathy saw her work as a passion, and something to be immensely proud of.

Kathy received her BA in history, but it wasn’t until she became a Masters prepared Social Worker (she received her MSW from SDSU in 1984) that she knew her true mission in life. Kathy helped thousands of women fighting addiction, depression or abuse. She started one of the first women-only treatment centers in San Diego, and later went on to private practice where her compassion and desire to help others assisted many in piecing their lives back together.

Kathy had a great love for life and wanted to make an impact in assisting people grow and change. She believed strongly about life long learning, patient advocacy, and the importance of assisting those who did not think they could, or would, be helped. Kathy fought her breast cancer in the same way she approached life, with great compassion and strength. Kathy lost her battle with cancer on December 24; however, through the support of her family and life partner, she will continue to make an impact. Kathy’s vision, and commitment to the profession of Social Work, will continue in perpetuity through the Kathleen Kopels Celebration Scholarship.

If you would like to support this worthy scholarship, please send your gift to the following address: Development Office, SDSU College of Health and Human Services, 5500 Campanile Drive, San Diego, CA 92182-4124. Checks should be made payable to The Campanile Foundation. For more information, please contact Kathy Drucquer Duff at 619-594-8674 or via e-mail at kdrucque@mail.sdsu.edu.

(Nurses Now, Continued)

financial assistance receive it.

In addition, two more faculty will be assigned for the Spring semester to support additional mentorship for all nursing students. The faculty member will assist with student tutorials, peer counseling, testing and stress management, as necessary. Started in fall 2000, it marks the first time that the School has had a formal mentorship program, and was created to ensure that as the School increases, the primary focus of graduating skilled nurses is still number one. By building on a student’s strengths and creating a supportive academic community consisting of faculty, staff and peers, a mentoring program can counteract many of the academic, cultural, and social factors that might prevent a student from graduating.

The College is proud of this pilot program, and is appreciative of the community support that has made Nurses Now such a wonderful reality.

Additional Nurses Now updates will be included in future CHHSLinkages.
Consensus Organizing Center Educating High School Students In City Heights Area

The SDSU School of Social Work has created the Consensus Organizing Center, a community laboratory for the teaching of consensus organizing skills to social work students, high school students, and community professionals. The Center’s mission is to educate and train a new generation of social workers in community building techniques in order to make them effective catalysts for civic engagement and social change. The end result will be the development of collaborative strategies to alleviate poverty, improve public policy and inspire more people to trust and work together.

Among several new initiatives is a pilot project to reach potential community practice social workers at the earliest possible point while they are still in high school. Under this pilot program, eligible high school students take an introductory college level social work course, with ample treatment of community organizing strategies during their junior year in high school. The course, which began in Spring 2000, attracted 17 students from Hoover High School, located in San Diego’s City Heights neighborhood, which has the City’s highest concentration of poverty and new immigrants. Students attend class on campus two days a week. In addition to their class work, they devote 40 hours each semester to a community project in their own neighborhood.

Mike Eichler, the Center’s Director, team teaches the class with his undergraduate social work students. These students have either completed the Introduction to Consensus Organizing course offered at SDSU or have completed a field project in community building. While Eichler teaches the bulk of the course content, each student is assigned a subset of the group and acts as a mentor, giving high school students more opportunity to learn about the interests of the social work students as they weigh their own plans for higher education and career planning. Beyond providing a special opportunity for San Diego youth and educating people about the potential of community social work, the program may become a valuable tool for the School of Social Work to enhance its minority recruitment efforts.

The first class of 17 all successfully completed the course earning three credits toward a college degree. The class included Vietnamese, Cambodian, Chinese, African American, Caucasian, and Hispanic students.

Designing and launching the program was an organizing project in its own right. “A lot of pieces had to fall in place to make this work,” explains Eichler. “First a high school with a principal and teachers that believe young people can be successful at college level work. Second, a group of high school students that are willing to make the commitment this course requires. Third, leadership at the university that believes this is an experiment worth doing. And lastly, undergraduate social work students that value what they can contribute to the young people in the program.” In collaboration with chairperson Dr. Anita Harbert and faculty, other ideas being developed include a certificate in Consensus Organizing for government employees, social service professionals and residents of low income neighborhoods and writing of a workbook on consensus organizing strategies.

The program is building a following, and with private support, will expand to three communities in Fall 2001. Previous gifts (including San Diego Foundation; Weingart-Price Fund; The Parker Foundation; Pacific Bell; Consensus Organizing Institute; Metro United Methodist Urban Ministry) have supported the Hoover High Program, and conversations in the community indicate this is a unique program that will continue to be embraced.

Mike Eichler recently received a $150,000 grant from the County of San Diego for a “Civic Engagement Project.” This project organizes parents and schools to work together to solve problems and develop projects to help children. For more information on how you can support or become involved with our Consensus Organizing Program, call Mike Eichler 594-2381 or send him an e-mail at meichler@mail.sdsu.edu.
SDSU’s Speech-Language Clinic provides many needed services for the community, at a price that is not only affordable, but at one that provides students a rich opportunity to work in their chosen field while obtaining a degree.

Established by alumna Sue Earnest in 1941 to serve SDSU students, the clinic also became an outpatient clinic in 1952. In 2000, the clinic served approximately 950 clients through the clinic and off-campus screening programs, and as many as 50 student clinicians work at the site.

Services offered by the clinic include:

- The Early Intervention Diagnostic Program in partnership with San Diego Regional Center for Development Disabilities, assesses infants and toddlers (birth-3) for speech and language delays and qualification for the California Early Start program. Students work with families, physical therapists, speech-language pathologists, psychologists and case managers from the Regional Center to determine appropriate services for the children.

- Screening program for preschools and seniors which helps identify children and seniors who are at-risk for communication problems.

- Assistive Device Assessment Program assesses people with severe communication and/or physical disabilities for use of technology-assisted communication.

- Students in the Bilingual Certificate Program provide speech-language assessment and treatment services to children and adults whose primary language is Spanish. The clinic hopes to offer services in Korean and Vietnamese in the near future. These services will not be offered on-campus; however, we are training future speech-language pathologists to work with these populations.

- The Aural Rehabilitation Clinic is for children and adults with hearing loss (either congenital or acquired) who need assistance using their residual hearing effectively and to develop communication strategies to compensate for their hearing loss.

- The Adult Language Group was developed to meet the needs of our growing adult population, the focus is on the social use of language within a group setting.

All services are provided by students in the Department of Communicative Disorders, who have met the pre-clinical coursework requirements of the American Speech-Language-Hearing Association (ASHA), and are supervised by faculty who are ASHA certified (i.e. have the Certificate of Clinical Competency) from ASHA and California state licensure.

Fees are significantly lower than those found in the community and a sliding scale is available for clients who qualify based on financial eligibility. For more information about clinic services, please call (619) 594-7747.

Faculty Notes
Assistant Professor of Social Work Audrey Shillington, Ph.D., has received a three-year grant of $832,008 from the University of California AIDS Research Program for the statewide evaluation of “Youth (Cont. on Page 8)
In October, Selma Reed, Ph.D., M.B.A., was named the new Assistant Dean for Student Affairs for the College of Health and Human Services. Dr. Reed earned a Ph.D. in Clinical Psychology from the California School of Professional Psychology, and she received her M.B.A. from SDSU. She has worked in the psychology field for the previous 10 years.

As Assistant Dean for Student Affairs, Dr. Reed will be responsible for providing general academic guidance for CHHS graduate students, providing counseling to reconcile grievances and coordinating subsequent activities. Dr. Reed will attend to Student Affairs activities including coordinating commencement, student outreach, career activities, and special College events. She serves as the faculty advisor to the CHHS Student Council and the Faculty Student Mentor Program.

Dr. Reed comes to SDSU from the Los Angeles Metropolitan Detention Center, where she served as the Director of Psychology Training. She worked at SDSU as the Research Services Coordinator from 1991 - 1994 and is now returning to campus so that she can focus on working with students.

Please join us in welcoming Dr. Reed to the College.

School Of Social Work To Host Diversity Week

The students and faculty of the School of Social Work will be hosting their first ever Diversity Week in May. The event is a result of a student and faculty committee working together to create an environment that fosters celebration of diversity and provides opportunities for faculty and students to address issues together. During the week, faculty and students will address specific diversity issues in their classes, over and above what is normally included in the class curriculum.

On Thursday, May 10, all classes within the School will be cancelled so that students, faculty and staff can come together to celebrate diversity, and participate in dialogue about differences and diversity. The All School Day will comprise screening video movies that bring out ethnic/racial diversity issues. Following the viewing by faculty, students and others, there will be open discussion about the issues. The All School Day will also feature a panel presentation, entertainment and lunch.

For more information on Diversity Week, please contact Dr. Margaret Hughes at mhughes2@mail.sdsu.edu or 619-594-6360.

Nursing’s Patricia Wahl Wins CSU Bautzer Award

Dr. Patricia Wahl, Director of the School of Nursing, is one of three SDSU recipients of the prestigious CSU Bautzer Award.

Dr. Wahl was recognized for her commitment to the Nurses Now project, which has raised $1.3 million to date in support of increased nursing enrollment.

The California State University believes that the understanding and involvement of faculty members in advancement efforts is important. This program is designed to give faculty a greater understanding of advancement activities and to share their experience with their colleagues.

Dr. Wahl is the second recipient from the College of Health and Human Services. Dr. Anita Harbert, Director of the School of Social Work, received the award in 1996.

Dr. Mary Gwynne Schmidt came to San Diego State University, School of Social Work, in 1978 and taught in the Aging Concentration until retirement and worked with the University Center on Aging (UCOA) until her death on November 27, 2000. She was fully dedicated to teaching and training students to be quality providers of service to older populations. Her special interest was in insuring that older people received the best possible care in non-hostile environments. She focused her research and service activities on the improvement of long stay care environments. Her lifelong work to improve standards for long-term care environments culminated in enhancing standards of care and serves as a model for what optimal care should be.

Mary will be greatly missed by students and faculty alike.
Students and faculty from the Division of Epidemiology, Graduate School of Public Health (GSPH) are engaged in a cross border, multidisciplinary field exercise in a Baja migrant camp: VIIDAI. This is an acronym for V (viajes/travels), I (interinstitutional), I (integracion), D (docente/teaching), A (assistance), I (investigacions). VIIDAI is in its 3rd year and is co-led by Dr. Miguel Fraga of the School of Medicine, Universidad de Autonomio de Baja California (UABC), Tijuana, and Dr. Stephanie Brodine of the GSPH. Each semester, approximately 90 faculty and students in medicine (including medical students at UCSD), public health, psychology, and social work spend approximately 4 days in the field, in integrated Mexican and American teams. Students, with faculty and doctoral student leaders, conduct health assessments, deliver health care and interventions, and provide much needed stimulation (and entertainment!) to the children of the migrant camp.

Although, the emphasis of VIIDAI is to impact students and faculty with this international immersion, community service is also important. The migrant camp has all the hallmarks of a needy population in a developing country: no running water, sewage system, or electricity; excessive flies, contaminated environment, and disease; adorable children, and desperate mothers. SDSU students and faculty have worked together to provide crucial information, such as water and air quality and even HIV status, that is shared with the Baja government health officials. Development of partnerships, such as with Rotary International, are underway, to expand the service component that the VIIDAI team can provide. This spring VIIDAI will begin work in urban Tijuana, and future plans include extending this experience to migrant populations along our Pacific states.

**Ducheny Named SDSU Presidential Fellow in Residence**

San Diego State University President Stephen L. Weber has appointed Denise Moreno Ducheny as SDSU’s first Presidential Fellow in Residence. In her new role, Ducheny will serve as an ambassador for the university - working with local leaders and the community to identify solutions to regional issues.

“The Presidential Fellow in Residence program seeks to attract to SDSU the best leaders and thinkers in the region who have a passionate interest in the issues facing our community,” said Weber. “We are pleased to have Denise on board to bring her perspective, and those of her neighborhoods and constituencies, to SDSU.”

Presidential Fellows in Residence are selected based on their close working relationships with the community, commitment to public service, strong leadership skills and understanding of both the educational and legislative process.

Ducheny’s term of appointment will be January 1, 2001, through June 30, 2002. Education, including the continued availability of a high quality, affordable college education, is among the first subjects she will address. Ducheny’s other priorities are San Diego’s economy, the environment, and the political and social well being of the region. She says the position will allow her to tackle issues such as urban sprawl, promote understanding of the legislative and budgetary process, and provide additional insight.
Environmental Health For Nurses: Graduate School Of Public Health - School Of Nursing Partnership

SDSU’s baccalaureate degree nursing graduates will soon be well informed about air pollutants, pesticide hazards and risk assessment, toxicology, food safety, and other environmental health issues. “Environmental Health for Nurses” is the title of SDSU’s Graduate School of Public Health and School of Nursing cooperative agreement with the Association of Schools of Public Health and the DHHS Bureau of Health Professions, Heath Resources and Services Administration (ASPH/HRSA). This award is one of four such cooperative agreements recently initiated around the U.S. The goal is to produce graduates from schools of nursing who have a better understanding of the effects of environmental agents on human health. An estimated 60 nursing students are expected to be in this first class in spring 2001.

According to School of Nursing’s Dr. Sharon Burt, a co-PI on this project, “nurses are constantly confronted with issues related to environmental exposures but often do not have the knowledge and skills to make necessary changes. Next year’s graduates are expected to be more knowledgeable regarding the impact of environmental agents on individuals and communities, available resources in the community, methods of advocating change, and the missions of agencies and organizations working to maintain a healthy environment.” As the GSPH representative of this project, toxicologist Dr. Ann de Peyster is the Principal Investigator. The School of Nursing’s Dr. Nancy Sweeney is also a co-PI working with Dr. Burt on curriculum enhancement, teaching, and evaluation. Drs. Jenny Quintana and John Conway will also be contributing environmental expertise from the School of Public Health.

School of Nursing alumni will remember that Community Health Nursing (N414) is a requirement of all generic and RN to BSN nursing students. Currently three hours of lecture and one nine hour clinical field experience each week provides the knowledge and skills required to meet the criteria for the Public Health Nursing Certification. Student assignments in N414 already reflect the expected competencies required for public health nursing: family visits in the home, an in-depth family analysis of a multi-problem family, health teaching to community groups, and an assessment of a community with an intervention to improve a deficit. Many of these assignments will be restructured to include the application of additional environmental health content in order to further integrate environmental health into the nursing experience, and prepare nurses to recognize and deal more effectively with health problems caused by environmental agents.

One of the most exciting and valuable aspects of this program is that the course’s field practicum experience will also be enhanced by up to 3 days of hands-on experience in an environmental health agency or organization. Among the field practice “mentors” already identified are several alumni and other advanced current students from SDSU’s schools of Public Health and Nursing who are currently employed by environmental health-related agencies and institutions, including the County of San Diego’s Department of Environmental Health, Health and Human Services, the Air Pollution Control District, the Teratogen Registry, the Regional Poison Center, and several local industries. Any other CHHS alumni interested in participating in this pilot program in spring semester 2001, or who would like to be on the list to receive information and possibly provide a field site experience in the future, are encouraged to contact the Project Coordinator, Teresa Dodd-Butera, B.S., M.S. (SDSU/GSPH/Toxicology alum, class of 1995) at tdoddbut@mail.sdsu.edu.

JAMA Study Finds Flu Shots For Kids Reduces Illness for Other Household Members

A study released in the Journal of the American Medical Association has found that when children who attend daycare are immunized against influenza, other members of their household experience significantly fewer cases of respiratory illness.

Studies have shown that influenza vaccine is an effective means of preventing infection in young children. Investigators, led by Eugene Hurwitz, MD, a medical epidemiologist with CDC at the time the study was conducted, hoped to determine if immunization could also prevent transmission of illness to other household members.

“This study was conducted among families of military personnel, most of whom had also received influenza vaccine as part of a military requirement,” said Albert Chang, MD and professor of public health at the graduate school of public health at San Diego State University, lead agency for the study. “Thus, we are very interested in conducting additional studies in civilian populations where influenza vaccination is not required and where the influenza prevention impact may be even greater.”

A total of 127 children aged 24 to 60 months enrolled in 10 military daycare centers in San Diego and their 328 household contacts were randomized into two groups. (Continued on Page 11)
Student-To-Student Program Publishes Booklet To Assist SDSU Students

Student-to-Student is a peer-education group that was established at SDSU ten years ago. The group, mentored by the School of Social Work faculty member Louise Stanger, Ed.D., works hard each year to reduce risk for students on campus. In the past they have used presentations, social marketing, environmental strategies, and media advocacy to make SDSU students aware of the dangers of binge drinking, drug use, unsafe sexual practices, and other risks common on college campuses.

In Fall 2000, the Student-to-Student group published an eye-catching booklet with practical advice, warnings, and facts which will help SDSU students to make smart decisions. If you would like more information on the Student-to-Student program, please visit them on the web at http://www.student2.com/.

Below are some examples of the information that is available in the “From a Student View” booklet:

Words of Wisdom from Student-to-Student’s booklet “From a Student View”

- Be in Love Library, it just might help your GPA.
- Failing a test doesn’t mean you’re a failure; it means you need to study harder.
- If your grades are sinking, stop with the drinking.
- A degree isn’t something you receive, it’s something you earn.
- 4.0 should be your GPA not your Blood Alcohol Content (BAC).
- “I was drunk” isn’t a valid excuse for anything!
- B.Y.O.B. Be your own Boss, Don’t give in to peer pressure.
- It’s better to call a cab than end up on a slab.
- It’s better to take the bus than to get into a car with some one you don’t trust.
- If you get caught buying or giving alcohol to anyone under 21 – Proving alcohol to Minors: $1000 fine and 24 hours community service.
- Are you going to use it? Use of false identification: $1250 fine, 68 hours community service, six months in jail.
- Beer is not a major.
- Aspire higher, “C” is average.
- Most people change their majors at least 3 times! Work on your General Ed first.
- “No doesn’t just mean no- it means “HELL NO”
- The friends you make in college can be your friends for life.
- The yellow brick road to graduation is paved with lots of hard work.

SDSU Nursing Student Holds National Office In Student Organization

In April 2000, SDSU nursing student Toby Richards was elected Vice President of the National Student Nurses Association (NSNA), an organization consisting of approximately 25,000 student nurses.

As National Vice President, Toby sits on the Executive Board committee (known as Excom) and the Finance committee. Excom works to promote NSNA. One way that they accomplish this objective is by having board members attend state student nursing conventions. During the fall 2000 semester, Toby spoke at both the Colorado and Oklahoma Student Nurses Association Conventions. The Finance committee looks at the fiscal make up and welfare of NSNA and proposes the association budget. Toby also chairs the Convention Planning Committee and is a member of the Membership Committee.

In addition to his course work and busy NSNA schedule, Toby is married and has a part-time position with Sharp Rees-Stealy Rancho Bernardo Urgent Care. The following saying by Booker T. Washington is a quote by which Toby lives his life: “I have learned that success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed.”

We congratulate Toby on achieving such a distinguished position and for his continuous service to student organizations and SDSU.

Toby Richards (far right) and fellow NSNA officers pose at a taping of the Today Show in New York City. Toby and his fellow officers were in New York for an NSNA orientation.
SDSU Alumni Association To Honor Scholarship Recipients

The SDSU Alumni Association will honor six scholarship recipients at their annual Scholarship Luncheon. The event is always a sellout, and evokes many emotions about SDSU, as the scholarship awardees share their stories and SDSU experiences with the audience. This year’s luncheon will be hosted at The Prado in Balboa Park on February 15, 2001. SDSU alumna Terri Sjodin (1987) will be the keynote speaker. Terri is a professional speaker, trainer and consultant and has written several books including New Sales Speak, Sales Speak and Mentoring. For ticket information, call 619-594-ALUM (2586) or check out the Alumni Web page at www.sdsualumni.org.

Alumni Mentorship Program

The SDSU Alumni Association, in conjunction with the SDSU Student Alumni Association is excited to announce its second annual Student Alumni Mentorship Program. The program is designed to match highly motivated students from across campus with successful professionals.

Benefits to Mentors:
- Network with other professionals
- Opportunity to connect and give back to SDSU
- Interact and make a difference with SDSU’s finest students and guide future leaders
- Find potential interns and employees.

The program begins with a kick off breakfast in February and runs for a full semester. The program is flexible and designed to work around the busy schedules of our alumni and students. If you would like to participate, please contact Gina Speciale at speciale@rohan.sdsu.edu or call 619-594-ALUM (2586).

Alumni Association Forming Chapters

The SDSU Alumni Association has formed eight chapters, and is in the process of adding three more. If you are interested in participating in an alumni chapter, contact Jackie Koeller at 619-594-0416 or at jkoeller@mail.sdsu.edu.

Formalized Chapters:
Asian Pacific Islander, African American, Child and Family Development, Imperial Valley, Los Aztecas, Orange County, Sacramento/Capitol, Taiwan.

Alumni Groups that are forming include:
Gay/Lesbian, Santa Barbara, Social Work

(JAMA Study, Continued)
Children in the first group received two doses of FluShield, an inactivated flu vaccine manufactured by Wyeth Lederle Vaccines. Children in the second group received two doses of a control vaccine. The two groups were followed for six months.

Researchers found that unvaccinated household members of children who received the vaccine experienced:
- 42 percent less febrile respiratory illness than those living with unvaccinated children
- 80 percent fewer cases of febrile respiratory illness among school-aged children (5 to 17)
- 70 percent fewer missed school days, reported earaches, physician visits, and antibiotic prescriptions for school-aged children
- 70 percent fewer missed work days for adults caring for children
SDSU Receives Home as Gift For Use As Official University House

Gifts from several prominent donors allowed San Diego State University to purchase a home in Alvarado Estates for use as an official University House, according to Theresa Mendoza, vice president of SDSU’s University Advancement division.

The 5,600-square foot home, located approximately one mile from campus, will be used for a variety of university functions and fundraising activities in addition to serving as a residence for SDSU President Stephen L. Weber and his wife, Susan.

“The new University House was purchased for SDSU by The Campanile Foundation as a result of contributions from board members and friends who believe that SDSU can benefit from the use of an official home that supports the mission of the campus,” said Mendoza. “The addition of a University House represents another step forward in SDSU’s stature as a major university. All academic units of the campus will benefit from this important new resource.”

SDSU is the ninth California State University campus to have a University House.

SDSU President Stephen Weber Announces Decision On Use Of Aztecs And Montezuma

For the past few months, the San Diego State University community, together with its friends and supporters, has been involved in a spirited discussion about the appropriateness of SDSU’s affiliation with the Aztecs and the appropriateness of the signs and symbols by which that affiliation is expressed. It is an important question that has solicited a good deal of thought and feeling, both on and off campus.

On November 16, San Diego State University President Stephen L. Weber announced that SDSU will retain its affiliation with the Aztecs and that Montezuma will remain a symbol of the university. In addition, President Weber will convene a special task force of SDSU students, faculty, staff and alumni to review the accuracy and appropriateness of how the university depicts Aztec culture through characterizations of Montezuma and SDSU’s Aztecs logo.

Weber stated that SDSU’s affiliation with the Aztecs is appropriate for a university “that prides itself on diversity and on its openness to different peoples and different societies.”

“San Diego State University will proudly continue its affiliation with Aztec culture and traditions,” said Weber. “However, as a campus community dedicated to learning, we have an obligation to ensure that such portrayals are historically accurate and culturally appropriate.”

In establishing a task force to review the university’s depictions of Montezuma and use of the Aztecs logo, Weber cited the need to be historically accurate in portraying Montezuma as the Aztec leader. Weber challenged the task force to find a way to invoke Montezuma with the same respect and care afforded other leaders. The task force will consist of five representatives appointed by the president of the Associated Students, five representatives appointed by the chair of the Senate, five representatives appointed by the chair of the Alumni Association Board of Directors, and five representatives appointed by Weber. It has until May 1, 2001, to report back to Weber with its recommendations.

SDSU To Offer First Alternative Spring Break

This March will mark the first alternative spring break for SDSU students. What is an “alternative spring break” you may be wondering?

An alternative break offers service, adventure and active learning for students in often vastly different cultures. It’s one way for students to give while they gain a whole new perspective, and have fun at the same time.

SDSU’s first alternative break will take place at Rancho San Juan Bosco, a home and vocational training center for underprivileged boys in Tecate, Mexico. Coordinated by SDSU’s Center for Community-Based Service Learning (CCBSL) and Aztec Adventures, the trip will take place from March 11 - 18.

“We are partnering with Third World Opportunities, a program that coordinates hands-on experiences in Baja California,” said CCBSL coordinator Renee Sterk. “They offer students the chance to become aware of the realities of poverty, hunger and border issues in the third world.”

Limited to 15 students, participants will help repair buildings, perform maintenance and gardening, and interact with the residents of the orphanage. Crafts and sports will connect students with residents in fun-filled games.

The final two days of the trip will be at the Rancho La Mentada, an historic cattle ranch in La Fonda, Mexico. There, students will be able to unwind, reflect, and enjoy many recreational activities.

For more information about alternative spring breaks, visit the CCBSL Web site at www.sa.sdsu.edu/ccbsl, or see www.alternativebreaks.com.

(Ducheny, Continued)

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Previously, Ducheny served three consecutive terms in the Assembly representing the 79th District, a district including South San Diego, National City and parts of Chula Vista. Between 1997 and 2000, she served as Chair of the Assembly Committee, and as Vice-Chair in 1996. As such she was the first San Diegan, the first woman and the first Latina legislator ever to be appointed to this post, which oversees that state’s $100 billion spending plan.

(Ducheny, Continued)
COLLEGE OF HEALTH AND HUMAN SERVICES CLASS NOTES

Stay involved with your alma mater!

There are lots of ways to stay involved with SDSU, whether you live across town, or across the country. We encourage you to stay connected, and be a part of the CHHS family. A few ways you can do this include: participating in any of our internship programs, attending continuing education seminars, donating to the College through our Annual Fund, listing open positions with the SDSU Career Center, reading about College highlights on our web page, joining the SDSU Alumni Association, cheering on the Aztecs at home and away sporting events, attending campus productions, or submitting class notes and updates for publication in our newsletter. You are an important part of our family, and we hope you will stay connected to the College and SDSU.

Communicative Disorders

Linda G. Sleg, B.A. ‘81…earned a master’s degree in Special Education from Pacific Lutheran University in Tacoma, Washington. She has been teaching Special Education for nineteen years.

Dana E. Thompson, B.A. ‘89…works as a Clinical Audiologist for Columbia Otolaryngology Group in Portland, Oregon. She received an M.S. in Audiology from Portland State University and a Certificate of Clinical Competence from the ASLHA in 1997. Dana is a fellow of the American Academy of Audiology, an adjunct faculty member at Portland State University, and was recently appointed to a board position for Southwest Washington Center for the Deaf.

Public Health

Donald A. Redfern, M.A. ‘68…is an accountant and a Financial Planner for H.D. Vest. He is presently in the top 75 of 10,000 planners throughout the United States.

Marilynne Joyce Brown, B.S. ‘83…retired in 1990 after nearly 40 years as a nurse. She was a MICN and CEN when she retired. Marilynne had also served as a trauma nurse.

Mary Anita Oldham, B.S. ‘87…is responsible for running the Stress Management, Biofeedback, Smoking Cessation and Fitness Programs at Kaiser Permanente San Diego in the Department of Preventive Medicine. This past year she coordinated a team that successfully implemented Smoke Free 2000.

Loren Locke, B.S. ‘89…is a U.S. Navy Environmental Health Officer. He was deployed to East Timor March - August 2000 as a Force Health Protection Officer and Medical Planner for U.S. Support Group East Timor.

Seleda Ann Williams, M.P.H. ‘92…is a Public Health Medical Officer for the California Department of Health Services in Sacramento. Her greatest achievements are raising three children and her publications in the area of Preventive and Community Medicine Public Health Administration.

Kathleen Rager, M.P.H. ‘94…is a Public Health Advisor with the Health Resources and Services Administration (HRSA) in the San Francisco Field Office. HRSA is a Federal Agency under the U.S. Department of Health and Human Services. Kathleen recently graduated as a Health Systems Scholar from the Public Health Leadership Institute, which is a program run by the University of California and Centers for Disease Control and Prevention. She married Jerald Ruck on October 21, 2000.

David Scarf, M.P.H. ‘94…is serving as the Executive Director of the State and Territorial Injury Prevention Directors Association in Marietta, Georgia.

Nursing

Sandra Harrison Barlau, B.S.N. ‘64…is in her 21st year as a school nurse in the South Bay Union School District. She authored the Health & Safety Game and Memos & Bulletins for School Nurses, Vol 1-5. The publication is sold at annual School Nurse Conferences. All proceeds go to the district PTA clothing fund. She has two daughters and two grandchildren.

Lina R. Kent (McCleary), B.S.N. ‘67…worked as a Public Health Nurse for sixteen years in San Diego. Lina, now retired, volunteers as a hiking leader, an outing chair, and a membership chair for the Sierra Club in San Diego and Northern California. She enjoys music, singing, autoshop, health fitness, gardening, bonsai, and Spanish classes.

Karen Owens, B.S. ‘75…is currently working at Sharp Mary Birch Hospital for Women. She is a Clinical Lead Nurse for the Maternal Infant Services and has worked for Sharp Healthcare for 20 years.

Katherine Keller Wilson, B.S.N. ‘75…is a Certified Registered Nurse for the Ophthalmology Department for Kaiser in Redwood City, California.

Sheryl Marvel, M.A. ‘91…was named the Teacher of the Year for Fallbrook Union Elementary School District. She is employed as a Speech Pathologist at Mary Fay Pendleton School in Oceanside. Sheryl was also nominated for San Diego County Teacher of the Year.

Alvin J. Nelson, M.D., M.P.H. ‘84…has worked as a Public Health Physician for the City of Long Beach for the past six and a half years. He was recently appointed Medical Director of the Immunization Program for Los Angeles County Department of Health Services. His previous experience with L.A. County was as South District Health Officer from 1987-1993.

David W. Hiipakka, M.P.H. ‘85…received Professional Certification as a “Certified Industrial Hygienist-CH” by the American Board of Industrial Hygiene. He was awarded the U.S. Navy “Ernest Brown” award as outstanding U.S. Navy Occupational Health Professional of 2000. David also had eight publications from 1997-2000.

Keith Holtermann, M.P.H. ‘94… Keith graduated from the Johns Hopkins University School of

(Cont. on Page 14)
Colleges of Health and Human Services Class Notes

Patricia Worret (Holoday), B.S. ‘77…is the author of two Psychiatric Nursing textbooks, Psychiatric Mental Health Nursing, 2nd Ed., and Psychiatric Nursing Care Plans, 3rd Ed.. She is a Clinical Specialist and is involved in the National American Nurses Associations.

Debra L. Wolf, B.S.N. ‘79…is a nurse at Valley View Hospital and is a B.L.S. instructor.

Laura Gillett Peluso, B.S.N. ‘84…works at the UCSD Medical Center as a Pulmonary Specialist. She works part time so she can spend more time with her family.

Cynthia E. Bronaugh, B.S.N. ‘86…was recently promoted to Chief of Anesthesia Services for Westport Anesthesia/Anesthetist. She was also promoted to the rank of major in the Air Force Reserves and has completed 19 years of service in the Air Force Reserves.

Sheryl A. Harth, B.S.N. ‘89…works as an “at home” consultant to the elderly, and their loved ones, as they deal with the challenges of aging. She and her husband Larry have just recently purchased a retirement property in Wilhait, Arizona.

Lisa Thomaszek, B.S.N. ‘93…has a two-year-old son named Ryan and has been working at Scripps Green Hospital for almost eleven years. She is working on getting her master’s in nursing at SDSU.

Anna Schwarz, B.S. ‘95…is a U.S. Navy staff nurse in Neonatal ICU. She joined the Navy after graduation from SDSU. Anna worked at Balboa Hospital before transferring to Virginia. She has two daughters—Christine is three years old and Elizabeth is one.

Liana M. Torey, Nursing ‘95…Graduated ‘95 Valedictorian of N.S.G. class and is a Sigma Theta Tau inductee. She is very active at Scripps and is on several committees. Last year she created, initiated and organized the first annual “Trauma Luau”, which was a seven C.E.U. class about Trauma, that 130 nurses from the community attended. Liana enjoys living an active life in La Jolla with her two children—Brian is 12 years old and Mathew is 11.

Jeannie Qualman, B.S.N. ‘95…works in the Emergency Department at Sharp Hospital in San Diego. She worked at Scripps East Emergency Department for three and a half years until its closure prior to moving to Sharp Memorial. She is currently preparing to take the MICN exam. In addition, she does Critical Care Transports with American Medical Response and works occasionally at Scripps La Jolla, in the Emergency department. She loves nursing and all the different avenues that are available. Jeannie is a happy mother of two girls, ages 2 and 4, named Ally and Katie. She enjoys reading the CHHS class notes to keep track of classmates.

Lilibeth P. Patricio, B.S.N. ‘98…worked at Sharp Hospital in a step down unit - Cardiac Care before relocating to work for the Los Angeles Sheriff Department Correctional Facility. Working as a sheriff has been a challenge. She says that it’s a kind of nursing that she wasn’t exposed in nursing school. She implements psychosocial treatment in her job, self-awareness, and non-judgmental attitude. Because of the type of nursing she performs, Lilibeth feels like she needs to exercise more patience compared to when she works in a Hospital Facility.

Marilyn Moates Kennedy, Motivational Speaker and Author

Social Networking with Other Nurses

Dinner and Professional Program

One CEU

A Raffle to Raise Money for Scholarships to Support Nursing Students

The cost of the conference will be $35.00, which includes the conference registration, dinner and one CEU. All proceeds from this event will be split between the Gamma Gamma Chapter of Sigma Theta Tau and SDSU in support of scholarships for nursing students.

For more information or to register, please contact Marlene Ruiz at Marlene.S.Ruiz@kp.org, or at 619-641-4138.
Social Work

Mateo R. Camarillo, M.S.W. ‘79...is the CEO of Quinto Sol. He is also a licensee of wireless telecommunications and a McDonald’s franchisee. Mateo was the College of Health and Human Services Alumnus of the Year in 1989, and he has been the SBA Businessman of the Year and Advocate of the Year. Mateo sits on the Merrill Lynch Partnership Council and the School Superintendents’ Advisory Committee.

Cloteal McClay, B.A. ‘80...used her training in Human Services as a stepping stone for fifteen years of success with the San Diego County Rehabilitation Department, and for over fifteen years she has been serving under-privileged children. Cloteal has been a foster parent for ten years.

Sharon L. Reandeau (nee Cherie Gardner), M.S.W. ‘80...works as a Clinical Psychologist for Peach Health Medical Group in Fall Creek, Oregon.

Beth Strong Andrews, M.S.W. ‘81...has been hired as a Director of Outpatient Services at Eagle Ridge, an agency focused on alcohol and drug treatment. She is also working under a grant from the U.S. Department of Labor to develop and provide a treatment and job skills training program for welfare mothers. She is married and has one six-year-old daughter (Rebecca), two stepsons and two granddaughters.

Sylvia Mueller, B.S. ‘84...recently completed her master of Divinity at Pacific Lutheran Theological Seminary in Berkeley, California. She just accepted a position as a pastor at St. Timothy Lutheran Church in Wyoming, Illinois.

Lauren Gibson, M.S.W. ‘90...is currently working for Voluntary Services and Child Protective Services and is the mother of an infant named Heather Gibson. She became an L.C.S.W. in 1994.

John O’Neill, M.S.W. ‘91...obtained an L.C.S.W License in 1998 and loves his home care visits. He has worked as Home Coordinator for Care Home Health for four years. He enjoys his work and feels that he provides excellent care to those who need it.

Cathleen Jo Faruque, M.S.W. ‘91...worked as an Administrator for Senior Programs, encompassing three major cities in Silicon Valley from 1991-1997. She began to work on her doctorate in 1996 and just passed her oral defense in August 2000. She has been working in the Social Work program at Winona State University in Winona, Minnesota, since 1997, where she has served as a Co-Director for the past two and half years. She is married to a wonderful husband who is originally from Bangladesh.

Larry Wilson, B.S.W. ‘92 M.S.W ‘95...is a U.S. Navy Family Advocacy Counselor who has been working in Italy for two years as a Social Worker for the Family Service Center. He is Certified Social Worker with the State of Michigan.

Jennie L. McKinney, M.S.W. ‘94...works for the United States Army Family Advocacy Program – Sterling Medical Corporation Contractor. She previously (1995-1999) worked for the U.S.M.C with the New Parent Support Program. Jennie is licensed in Maryland and Virginia as a Clinical Social Worker (L.C.S.W.). She is also becoming trained in and maintaining proficiency in child abuse treatment and assessment, as well as domestic violence treatment and assessment.

Ramon E. Font, M.S.W. ‘94...is a licensed Clinical Social Worker (L.C.S.W.), working in the Department of Psychiatry for Kaiser in San Francisco. He is engaged to Kerri Fenske (SDSU College of Sciences, class of 1998). Kerri is currently attending dental school at University of Pacific in San Francisco and will graduate in 2002. Ramon and Kerri will be married in San Diego in March 2001.

Helena Jayasuriya, M.S.W. ‘94...works as a Psychotherapist with Children’s Hospital Outpatient Psychiatry. In August, she opened a private practice in the Poway/Ranch Bernardo area. She has been working for Children’s Hospital for four years both as a medical social worker in the emergency room, and now as a psychiatric social worker in Outpatient. Helena obtained her L.C.S.W. in December 1999. After finding out two years ago that her seven-year-old nephew was diagnosed with Duchenne Muscular Dystrophy, she joined the Parent Project, an organization whose mission is to raise funds for research. She organized the first Annual Parent Project Fundraiser here in San Diego, which was held September 23. She says that this has been one of her greater achievements.

Christina Harris, M.S.W. ‘96...is the Social Work Director at Edgemoor Hospital and is currently working on her L.C.S.W. She has gotten married and has a beautiful daughter. Christina recently completed a marathon.

Patricia Kimble (montano), M.S.W. ‘00...is a Medical Social Worker at Sharp Mary Birch Hospital for Women. She was hired right after graduation. Patricia enjoys working tremendously and looks forward in learning and growing in her position. Paricia was recently married.

Marlene Rosenwald-Becker, B.S.N. ‘73...recently celebrated 21 years in Primary Care at Kaiser. She authored “Love Affair of the Century, or Not / A Journey from Love to Health,” which was published on the Internet. She is now writing “Primary Care” a fiction “behind the scenes” story that links childhood, wellness and the immune systems with “cloak and dagger excitement.”

Lisa Camino, M.S.W. ‘83...is the author of a book titled, “Treating Sexually Abused Boys” (Sossey-Bass, 1999). She has been interviewed on 20/20 TV news for expertise on sexual abuse. She has had her L.C.S.W. since 1986 and is married with two sons.

Laura Mustari, M.S.W. ‘83...began her career as a family counselor at the YMCA OZ shelter right after graduate school and has moved up over the years. For the past six years Laura has served as their Executive Director. She has enjoyed creating many new and innovative programs, which add the needs of children, youth, and families in San Diego County.
Save The Date

The following are some of the Professional Development Workshops that are available from the School of Social Work this spring:

February 22 & 23
Supervisor Certification Program (ASW’s and MFT’s) (15 CEUs)

February 23
Simplifying the DSM-IV: A Workshop for Licensure (8 CEUs)

March 9
Working with Groups (4 CEUs)

March 9
Working More Effectively with the “Difficult” Adult Client (4 CEUs)

March 30
Spirituality in Therapeutic Practice: Tapping a Vital Resource (8 CEUs)

April 20
The Ways We Love: Couples Therapy (8 CEUs)

May 4
Consensus Organizing (8 CEUs)

May 4
Child Abuse: Reporting and Assessment (Pre-Licensure) (8 CEUs)

If you have any questions or would like information about additional courses, please contact Louise Stanger, Ed.D., at 619-594-8477.

CHHS CLASS NOTES
(Please Print)

Name: ____________________________________________ Class Year: ____________

Degree Major: ___________________________ Home Telephone Number: ____________

SSN: _________________________ Current Position: ________________________________

Date of Birth: _____________________ Business Telephone Number: __________________

E-Mail Address: ______________________________________________________________

Business Address: ____________________________________________________________

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Career News and Professional and Personal Achievements: __________________________

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Send to: CHHS Class Notes, Attn: Kathy Drucquer Duff, Director of Development, College of Health and Human Services, San Diego State University, San Diego, CA 92182-4124 or e-mail this information to kdrucque@mail.sdsu.edu