# WorldStrides® Custom Programs

Speech, Language, and Hearing Sciences in New Zealand - DRAFT Itinerary

The following itinerary is a working document and is subject to change. (revised 7/10/2019)

<table>
<thead>
<tr>
<th>January 9-10, 2020</th>
<th>Departure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday-Friday</td>
<td>▪ Students will depart on flights booked individually to Christchurch.</td>
</tr>
<tr>
<td>Meals Included:</td>
<td></td>
</tr>
<tr>
<td>Per airline</td>
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<table>
<thead>
<tr>
<th>January 11</th>
<th>Arrival and Acclimation in New Zealand</th>
</tr>
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<tbody>
<tr>
<td>Saturday</td>
<td>Welcome to Christchurch! This vibrant South Island city is recovering by leaps and bounds since two devastating earthquakes demolished many of the buildings in 2011. Compact and walkable, Christchurch offers plenty of art installations, and an inviting atmosphere of chaotic and colorful creativity.</td>
</tr>
<tr>
<td>Meals Included:</td>
<td>Per airline</td>
</tr>
<tr>
<td>Christchurch Accommodations:</td>
<td>YMCA Christchurch (1 of 8)</td>
</tr>
<tr>
<td></td>
<td>▪ Transportation from the airport to the hotel will be arranged based on the most common arrival time of all students.</td>
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<tr>
<td></td>
<td>▪ Meet your guide and board your private coach at the airport for transfer to the hotel.</td>
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<tr>
<td></td>
<td>▪ Health &amp; Safety Orientation on the coach en-route to the hotel.</td>
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<tr>
<td></td>
<td>▪ Check in to your hotel. Enjoy a free evening.</td>
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<table>
<thead>
<tr>
<th>January 12</th>
<th>Welcome to Christchurch (City Overview &amp; Welcome Dinner)</th>
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</thead>
<tbody>
<tr>
<td>Sunday</td>
<td>▪ Meet your guide and board coach for full day of sightseeing!</td>
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<tr>
<td>Meals Included:</td>
<td>Breakfast at the hotel Dinner</td>
</tr>
<tr>
<td>Christchurch Accommodations:</td>
<td>YMCA Christchurch (2 of 8)</td>
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<tr>
<td></td>
<td>Christchurch City Tour</td>
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<tr>
<td></td>
<td>Begin your tour on the Christchurch Tram. Along with being a historical icon in itself, the Christchurch Tram is also a way to travel across the city and enjoy its many scenic streets and parks. The tram runs along a route from near the intersection of Armagh Street and New Regent Street to the Botanic Gardens, making seven stops along the route and taking approximately 35 minutes to complete. Visit the Christchurch Museum which is a great resource to introduce the early cultural blending between Maori and European settlers. When the British came to New Zealand they had learned a lot from previous colonizations and the Maori people were very keen to engage with the new resources they saw. This set the scene for the early collaboration between government, settlers and the Maori as the indigenous people. Continue to the Botanic Gardens (self-guided), a must-visit location in the Garden City. Located in Hagley Park, the Botanic Gardens is home to exotic and native plants and flowers. The park is massive and spans nearly half of the city. Enjoy the different walking tracks including the ponds, amphitheater area, etc. (Entrances included)</td>
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<tr>
<td></td>
<td>▪ Enjoy lunch on own with a stop provided.</td>
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<tr>
<td></td>
<td>▪ After tour, return to your hotel.</td>
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<tr>
<td></td>
<td>▪ In the evening, meet your guide in the lobby and walk to a local restaurant.</td>
</tr>
<tr>
<td></td>
<td>▪ Taste the local cuisine with a Welcome Dinner!</td>
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<tr>
<td></td>
<td>▪ After dinner, walk back to you hotel. Enjoy a free evening.</td>
</tr>
</tbody>
</table>
### January 13

**Monday**

<table>
<thead>
<tr>
<th>Meals Included:</th>
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<tbody>
<tr>
<td>Breakfast at the hotel</td>
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</table>

**Christchurch Accommodations:**

**YMCA Christchurch** (3 of 8)

**Christchurch: Academic Visits**

- Meet guide and board coach for academic visits.

**Guest Lecture: Evon Currie- General Manager, Population & Public Health, Canterbury District Health Board- Academic Visit 1**

Evon is responsible for Community & Public Health, which promotes Health in All Policies, to support healthy environments. This involves developing policies to support communities and whānau to make living a healthy lifestyle the easy choice. She works with public health specialists, councils, government agencies, and community and NGO organizations. Evon has been in this role since January 1996. She is a member of the South Island Public Health Partnership, Hauora Alliance, and Public Health Clinical Network.

To Be Confirmed. Sourced by WorldStrides’ Global Academic Team. See [Your academic blueprint](#) for more.

- Enjoy lunch on own with a stop provided.

**Guest Lecture: Professor Megan McAuliffe- Academic Visit 2**

Prof. McAuliffe leads the University of Canterbury Speech Production-Perception Research Laboratory (UC Speech Lab), is Deputy Director of the New Zealand Institute of Language, Brain and Behaviour (NZILBB) and leads the Language & Ageing Research Theme of the NZILBB. Also enjoy a tour of the UC Speech Lab.

To be confirmed. Sourced by WorldStrides ISA Custom Programs

- Return to your hotel. Enjoy a free evening.

### January 14

**Tuesday**

<table>
<thead>
<tr>
<th>Meals Included:</th>
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<tbody>
<tr>
<td>Breakfast at the hotel</td>
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**Christchurch Accommodations:**

**YMCA Christchurch** (4 of 8)

**Christchurch: Academic Visits**

- Meet guide and board coach for academic visits.

**Guest Lecture: Nicole Borland- Academic Visit 3**

Nicole works in the Department of Communication Disorders at University of Canterbury.

To be confirmed. Sourced by WorldStrides ISA Custom Programs

- Enjoy lunch on own with a stop provided.

**Hearing Therapy- Academic Visit 4**

Enjoy a presentation and workshop on Aural Rehabilitation and Hearing Therapy. The practices and the treatment that target the reduction of hearing-loss-induced deficits of function, activity, participation, and quality of life through sensory management, instruction, perceptual training, and counseling.

To be confirmed. Sourced by WorldStrides ISA Custom Programs

- After visit, return to your hotel. Enjoy a free afternoon and evening.
January 15

Wednesday

Christchurch: Academic Visits

- Meet guide and board coach for a full day of visits.

Tour & Presentation at Burwood Hospital- Academic Visit 5
Canterbury District Health Board Speech Language Therapy Department provides assessment and management to individuals with communication and/or swallowing disorders. This service assesses individuals with disability eligibility for Ministry of Health and ACC funded assistive technology equipment. Speech Language Therapy students work at Burwood Hospital on supervised clinical placements.
To be confirmed. Sourced by WorldStrides ISA Custom Programs

- Enjoy lunch on own with a stop provided.

Jellie Park Leisure Center Tour- Academic Visit 6
Jellie Park is one of the biggest and best Christchurch gym, fitness and swimming facilities. Experience a tour of this local council-run facility and hear about why these council facilities are so important for the health of our populations. Then spend some time swimming and enjoying the facilities! (Entrance to use facilities included)
To be confirmed. Sourced by WorldStrides ISA Custom Programs

- Return to your hotel. Enjoy a free evening.

January 16

Thursday

Christchurch: Academic Visits

- Meet guide and board coach for a full day of visits.

Guest Lecture: Alison Schroeder- Academic Visit 7
Alison Schroeder is a New Zealand registered Speech & Language Therapist and Primary School Teacher who founded Socially Speaking in 2003 which is comprised of specialists helping children, teens and young adults with social, sensory and communication difficulties. She has over 25 years’ experience as a speech and language therapist and also teaching students with special needs (New Zealand, UK and Hong Kong). Alison has written a number of social skills and language resources (including The Friendship Formula, Socially Speaking and Time to Talk books and games) which are published in the United Kingdom and used throughout the world.
To be confirmed. Sourced by WorldStrides ISA Custom Programs

- Enjoy lunch on own with a stop provided.

To Be Confirmed- Academic Visit 8
To be confirmed. Sourced by WorldStrides ISA Custom Programs

- Return to your hotel. Enjoy a free evening.

January 17

Friday

Christchurch: Free Day

- Enjoy a free day to explore the city!
- Lunch and dinner on own.

Meals Included:
Breakfast at the hotel

Christchurch Accommodations:
YMCA Christchurch (5 of 8)

Meals Included:
Breakfast at the hotel

Christchurch Accommodations:
YMCA Christchurch (6 of 8)

Meals Included:
Breakfast at the hotel

Christchurch Accommodations:
YMCA Christchurch (7 of 8)
### January 18

**Christchurch: Maori Experience & Farewell Dinner**

- Enjoy a free morning to explore the city with lunch on own.
- In the afternoon, meet your guide and board coach for an activity.

**Maori Cultural Experience**

*Experience traditional Maori culture at Ko Tane Maori Cultural immersion. Enjoy an introduction to Maori and their influence in New Zealand. Learn about the background and current lives of Maori, their world views, values and focus on community. Enjoy their cultural performances, learn of their history and end the evening with a wonderful traditional feast. (Fee included)*

- Reflect on your experiences with an authentic **Farewell Dinner** during your Maori experience.
- After dinner, return to your hotel and enjoy a free evening.

**January 19**

**Return Home**

- Meet your guide to check out of your hotel.
- Transportation from the hotel to the airport will be arranged at the most common departure time for all students.
- Board coach and transfer to the airport for your return flight home.
- Students will depart on flights home, booked individually.

**Program Ends**

### Throughout your program

As part of our commitment to quality and value, we’ve included the following:

- English-speaking, trained professional tour guides, as noted
- Entrances for cultural sites, unless otherwise noted
- Ground transportation including:
  - Transportation in safe, clean motorcoach as noted in your itinerary - Full day= 8 hours; Half day= 4 hours
  - Transfers to visits within city limits (note visits outside city limits may incur additional costs)
  - Meal transfers, as noted
  - Airport transfers for one (1) most common arrival time and one (1) most common departure time
- Intra-city transportation, as listed in your itinerary

### Before your program departs

- Marketing website and resources to help promote your program to students
- Customized online registration portal to manage student registration, payments, dietary and health information collection, roommates, etc.
- A customized app with offline access to materials including your-day-to-day itinerary, group messaging, and important documents
- Customized pre-departure information for students and faculty

### We thought of that too!

- One non-alcoholic drink at all included meals

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